

## **Developmental Disabilities and Special Needs Roundtable**

### **Meeting Notes for Friday, Oct. 4, 2019**

**Location:** projectY cowork, 150 Central Park Square, Los Alamos, NM 87544

**Attendees:** Melissa Arias, Doris Roberts, Margi Harrach

**I. Call to Order:** Melissa Arias called the meeting to order at 1:09 p.m.

#### **II. Round Table Introductions and Updates**

##### **Family Strengths Network** (Ali Harper via report)

- Oct. 15 estimated date to be back in FSN facility at 3540 Orange St.
- smART Parenting, Art Therapy Parenting Series, 6 to 8 p.m., Wednesdays, Oct. 16 - Nov. 13
- Love & Logic School Age, 6:30 to 8:30 p.m., Tuesdays, Oct. 15 - 22.
- Parenting Solutions, 6:30 to 8:30 p.m., Tuesdays, Oct. 29 - Nov. 12
- Special Needs Family Support Group hopefully starting 12:30 to 2 p.m., Monday, Oct. 21

##### **Inclusive Community Initiative** (Ali Harper via report)

- FSN activities to be marketed to ensure they are reaching households with a member with different needs and accommodating for those needs
- Big event to roll out in the next few months. Would love to hear your ideas. Find her on Facebook, text at 573-280-2412 or email [ali.harper@lafsn.org](mailto:ali.harper@lafsn.org). Project will be in collaboration with Global Hydranencephaly Foundation, nonprofit Ali founded that has partnered with many organizations to provide “all may play” activities and programs--
  - bridging the gap between accessible and typical activities,
  - ensuring the opportunity for everyone to interact together,
  - promoting acceptance and awareness, and
  - building stronger communities.

##### **CASA** - Court Appointed Special Advocate for children in foster care (Ali Harper per report)

- Hoping to create a CASA Angels chapter in Los Alamos to provide support to the program, educate more people in the community about what they do, support CASA clients and recruit more volunteers.

##### **American Legion** (Ali Harper via report)

- Raising funds to provide Christmas care packages to families in need: something they need, something they want, items to support a holiday meal, etc.

- If you know of any families who have a need here in LA or the surrounding areas, please let her know! (see contact information above)

### **All Individuals First (Doris Roberts)**

- Doris to apply to be a DD Waiver provider.
- Doris to ask paperwork intake person at NE regional office for DD waiver to present at our November meeting.
- Doris and Melissa Arias of Lemonade Living to carpool to a Supports Waiver Town Hall Meeting for anyone on the waiting list for DD Waiver from 6 to 8 p.m., Monday, Oct. 7 at Santa Fe Higher Education Center, 1950 Siringo Rd. in Santa Fe.

### **Lemonade Living (Melissa Arias)**

- Lemonade Living began operating Rose Chocolatier this past Tuesday, Oct. 1. Melissa is training this month. Job coaches begin their training next week and students in the Jobs Training program begin the following week.
- Fall dance was enjoyed by all who attended. JJAB volunteers provided face painting. Due to a change in staff, Las Cumbres' invitation was not received in time for residents to attend.

### **III. Roundtable Update (Melissa Arias)**

- Nov. 7 is next meeting for 100 Women Who Care.
- Crossroads Bible Church is offering quarterly Respite Nights to watch family members with special needs. One is scheduled for Friday, Oct. 18. The next one will be in January.

### **IV. Community Health Council announcements (Margi Harrach)**

- Kiwanis (Morrie Pongrantz) 9 a.m. Saturday Aspen Elem. Playground equipment installation, volunteers welcome
- New Mexico Dept. of Health (Ashley Ringwood)
  - has state data available for use in grants in various formats (graph, powerpoint, etc)
  - Feb 2, 2020 is Public Health Day
  - Ashley.ringwood@state.nm.us, 505-753-7991
- Cat Krall, therapist, taking new clients, ages 5+/teens/adults, individuals, families, couples at Mesa Vista and soon private practice above Aspen Copies in Unit 214 (business license due any day), takes medicare and most insurance
- Carolina Saenz therapist at Mesa Vista and Los Alamos Family Council is taking new clients ages 7+, bilingual, Medicaid and most insurance
- LAMC is offering (for seniors?) regular dose (not high dose) flu shots at BESC Friday, 10/11, starting November will offer 3D mammography and low-dose lung screening
- Senior Center/LARSO (Bernadette Lauritzen)
  - accepting Christmas ornament donations for Festival of Trees for Community and Science themed trees. Festival of Trees scheduled for 10 a.m. to 2 p.m., Saturday, Nov. 16 at BESC. Will have photos with Santa and vendors

- free to borrow: wheelchairs, canes, walkers, rollators, crutches, bedside toilets, shower chairs, knee scooters, gait belts, transfer boards. Call to check for availability 661-0081
- Grief and Transitions Art Therapy Group (9 weeks) begins 2 to 4 p.m., Thursday, Oct. 3 at BESC, a structured art therapy and discussion group. Would greatly appreciate donation of art supplies or storage boxes. Especially need 24" x 18" drawing paper, new or lightly-used 2-D drawing materials, and collage materials.
- JJAB (Lisa Zuhn)
  - Parenting University—free film and solution-focused discussion and activities: Screenagers Next Chapter, Uncovering Skills for Stress Resilience (8:30 sign in and light breakfast) 9 to 11:30 a.m., Saturday, Oct. 19 at UNM-LA Register at [www.losalamosjjab.com/events](http://www.losalamosjjab.com/events)
  - Youth Mental Health First Aid Training Oct. 30 8 a.m. to 5 p.m. at UNM-LA. Register at [www.losalamosjjab.com/events](http://www.losalamosjjab.com/events)
  - Parenting University—Youth Vaping and Substance Use, Saturday, Nov. 16
- La Vista Church (Becky Garret) Hosting Special Needs Trunk or Treat again on Oct. 31. If you would like to host a car or a table to serve special needs families please contact her by Oct. 26. [kids@lavistanaz.org](mailto:kids@lavistanaz.org)
- Los Alamos Family Council's Youth Activity Center (Marie Vigil and Bailey Martinez, new hire directors) focusing on grade 3-8, cookies and conversation (with seniors) 1 to 2 p.m., Oct. 23, Nov. 20 and Dec. 11 at Los Alamos and White Rock Youth Activity Centers.
- United Way of Northern New Mexico (Cindy Padilla)--Community Action Fund Grants available online Oct. 1 to Oct. 25. Was also reported in LA Daily Post
- Youth Resiliency Committee (Kristen Coblenz)
  - JJAB sponsored meeting of community therapists last Tuesday morning Oct. 1 at UNM-LA ,
  - Safety University for Parents 6 to 7 p.m., Wednesday, Oct. 9 at LAHS Speech Theater to learn more about Safe Schools Plan including response protocol, training, and prevention.
- Cynthia Goldblatt, DOJ, Office of Violence Against Women grant
  - Tewa Women VOICES PROGRAM on conscious and unconscious effects of intergenerational trauma on Native peoples and non-Native communities and how to intervene, 1 to 5 p.m. Wednesday, Oct. 16, UNM-LA Bldg 2 Lecture Hall; no RSVP, snacks, can come for part

**V. Adjournment:** The meeting was adjourned at 2 p.m.

The next Roundtable meeting will be 1 p.m. Friday, Nov. 8 at projectY cowork, 150 Central Park Square.

*These notes represent the author's understanding of the items discussed in the referenced meeting. Please notify Margi Harrach of any discrepancies within five (5) working days of receipt of this document.*